



Woman in Development and Politics

A Qualitative Meta-Analysis of Scholarly Articles Concerning Poor-Supported Women in Iran

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Article Info	ABSTRACT
<p>Article type: Research Article</p> <p>Article history: Received: 23 November 2022 Received in revised form: 10 June 2023 Accepted: 4 July 2023 Published online: 22 December 2023</p> <p>Keywords: Poor-Supported women, Iranian society, qualitative meta-analysis, women.</p>	<p>Introduction</p> <p>The home and family environment are widely regarded as a sanctuary of security, closeness, and support for the majority of individuals.; Therefore, the family serves as a sanctuary where one can find solace and refuge from the challenges of daily life. In actuality, however, this opportunity is not accessible to all. As the head of the household, the father is responsible for family supervision and administration in the majority of human societies. As a consequence, numerous definitions ascribe the notion of inadequate supervision or poor supervision to the absence of a paternal figure within the family unit, thereby subjecting this critical social institution to a multitude of psychological, economic, and social challenges. These obstacles impact every member of the family, particularly the woman in her role as the spouse and mother. In the country of Iran, due to the characteristics of the society, the events of the sacred defense period, and natural and social events, there are a large number of Derelict and Poor-supported women without sufficient support. They face many personal and social problems that affect their relationships with their family members and the mental fatigue of the poor-supported woman. Economic problems and negative social pressures should also be added to the issues affecting these women. But despite all these problems, some of these women are even responsible for taking care of their families. In most families, the absence of a father in the family has a great impact on economic issues and family management. In most cases, economic, cultural, and social issues and problems in the lives of desertion and poor-supported women are created for them due to the removal or weakening of the functional presence of their husbands, in the meantime, the economic problems of these women play a more prominent role in their lives and have caused that both desertion and poor-supported women and their children are among the most vulnerable sections of society against social harm. Injuries that cause mental illnesses such as depression, anxiety, obsession, and aggression may also occur in them.</p> <p>Methodology</p> <p>The current research was trying to review and meta-analysis the qualitative studies conducted in the field of poor-supported women. Based on this, in the first step, all scientific research articles with keywords poor-supported women, women with drug addict husbands, women with sick husbands, women with imprisoned husbands, women with unemployed husbands, and women with criminal husbands in the period 2006 to 2021 from Jihad database University and Noormags citation database were extracted, which included 40 articles. In the following, among these 40 articles, some were removed due to the repetition of the topic, and 34 articles were selected for data extraction and further investigation and were studied by documentary, library, and meta-analysis methods.</p> <p>Results</p> <p>According to the findings of this research, the studies conducted in this field include two</p>

major orientations of psychology and sociology, so that other aspects of the life of this group of women, including the economic and political aspects under these two categories, have been investigated. A group of these studies has undertaken theoretical analysis and proposed models to identify the challenges faced by Poor-Supported women to mitigate them through intervention strategies. So these studies have two general directions, a group of these studies have analyzed theoretically and presented models to identify the problems of poor-supported women to reduce their problems using intervention methods. Another group has tried to strengthen the morale of poor-supported women by increasing positive attitudes experimentally by considering different examples. According to the results of this study, which are grounded in sociology and psychology, these women require economic, social, and psychological assistance; granting them agency in these areas will enhance their standard of living and alleviate their social distress. In the studies conducted on the issue of poor-supported women, often in the field of psychology, efforts have been made to highlight the psychological issues and challenges that these women face and consider the field of activism of these women; Such as stress, anxiety, lack of anger control, lack of communication skills, low self-confidence and self-esteem. These researches showed that these mentioned mental issues are significantly high in poor-supported women, which has caused the mental health and quality of life of poor-supported women to decrease. Other researchers in the field of psychology have also tried to investigate the effectiveness of different treatment methods to reduce harm and empower women in the field of mental health with treatment methods such as problem-solving training, narrative therapy, group meaning therapy resilience training, empathy skill training, spiritual-religious psychotherapy and Teaching life skills in the individual field to show that these therapeutic methods can be effective in empowering poor-supported women and can improve some of the psychological problems and mental issues of these women. The review of the articles related to poor-supported women in the field of sociology included only two articles that were conducted using a qualitative method. The findings of this research show that women who are currently involved in homelessness have suffered from a chaotic situation in the family environment before homelessness, and the turmoil in the family environment is one of the key factors in the risk of their separation from the family and current homelessness, and also with the lack of necessary social support from They faced the relevant institutions. The lack or weakness of efficient social support policies is the missing link of intervention measures for women and girls who suffered a chaotic situation in their family environment and were deprived of any social support. The second study, which was carried out by the secondary analysis method, investigated the life expectancy of homeless women in Tehran. The findings of this study also show that more than half of homeless women suffer from chronic diseases or dangerous and threatening diseases. This research has studied harms such as lack of income, not having a family, lack of support, divorce, spouse's addiction, being a victim of violence and sexual abuse, being a victim of multiple crimes and abuse, the strategy of trying to survive, having disordered families among homeless women. and identified.

Conclusions

This study in two aspects of psychology and sociology show that these women need psychological, social, and economic support, and empowering them in the mentioned dimensions will improve their quality of life and reduce their social suffering. Also, factors such as education, employment, social skills, self-confidence, self-worth, and benefiting from public education are considered effective factors in empowering poor-supported women to deal with the issues and problems in front of them.

It is necessary to examine the various aspects of these women's lives in future scientific researches for a few years, and their problems and solutions to solve them in these researches will provide the basis for developing the desired social support system for abused women.

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